

Thunder Bay Synchro 2011-2012 Competitive Training Schedule

		Tues	Thurs	Sat	Sun	
2011	Sept	20	22	24	25	
		27	29			
	Oct			1	2	Club Practice
		4	6	8	9	Thanksgiving
		11	13	15	16	Zumba
		18	20	22	23	Yoga
		25	27	29	30	
	Nov	1	3	5	6	Krista is in town
		8	10	12	13	Zumba
		15	17	19	20	Yoga
		22	24	26	27	Club Practice
		29				
	Dec		1	3	4	Watershow No Sunday Practice
		6	8	10	11	
		13	15	17	18	Bring a Guest to Synchro!
		20	22	24	25	Xmas
		27	29	31		
	Jan				1	
2012		3	5	7	8	
		10	12	14	15	Testing
		17	19	21	22	Power Yoga and Club Practice
		24	26	28	29	Power Yoga
		31				
	Feb		2	4	5	
		7	9	11	12	Festival
		14	16	18	19	Family Day Weekend
		21	23	25	26	Club Practice
		28				
	Mar		1	3	4	
		6	8	10	11	March Break
		13	15	17	18	
		20	22	24	25	Testing
		27	29	31		
	Apr				1	Spring Watershow No Sunday Practice
		3	5	7	8	Easter
		10	12	14	15	
		17	19	21	22	Crocus
		24	26	28	29	
	May	1	3	5	6	
		8	10	12	13	MASY
		15	17	19	20	
		22	24	26	27	

Training Schedule		
Tues	pool	4:00 to 6:00
Thurs	pool	4:00 to 6:00
Sat	gym	8:00 to 10:00
	pool	10:00 to 12:00
Sun	gym	3:30 to 4:30
	pool	4:30 to 6:00
	No Pool Time	
	Watershow	
	Competition	
	Competitive Club Practice	
	ZUMBA!! 3:30-4:30	
	Testing	
	Yoga 3:30-4:30	